

From: The Warrenville Park District <karenr@warrenvilleparks.org>

Subject: September E-News

Reply: karenr@warrenvilleparks.org



Warrenville Park District E-News

September 2012

in this issue

- :: Art on the Prairie & Afternoon Jazz Festival
- :: Fall Athletic Leagues
- :: Preschool & Youth Athletics
- :: Preschool & Youth Classes
- :: Youth Dance
- :: New! Happy Feet Running Club
- :: Day Off School Trip: Columbus Day
- :: Adult Athletics
- :: Art Enrichment & Classes for Your Mind, Body, & Spirit
- :: Open Gyms
- :: Self Defense for Women
- :: Martial Arts
- :: Tuesday Lunch Bunch
- :: Adult Trips & Dance
- :: Dog Training

Dear Kama,



Summer is winding down and we're heading into the fall season with a lot of fun family events planned in addition to the usual wide range of available sports, fitness, dance, and creative activities.

First up is **Art on the Prairie and Afternoon Jazz Festival**, Saturday and Sunday Sept. 22 & 23. Make sure to stop by for art, food, and free entertainment all weekend. We hope to see you there!

We also hope to see you at the **Farmer's Market** Wednesday afternoons from 3-7 in the parking lot of Courtyard Banquets on Route 59. Now that the construction is over, you have no excuse not to buy local and support your community! The market runs through



Sept. 12.

For more information on any of the programs listed in this month's E-News, visit our [Web site](#) where you can register online -- just click on the photo of the program guide. Or, or call us at 630.393.7279.

Art on the Prairie & Afternoon Jazz Festival

10:30a-5:00p Sept. 22 & 23

Art on the Prairie is moving to September, because it's bigger and better than ever!

Join us for an art fair, artist demos, a children's art station, food, and performing arts (music and dance).



Here is the entertainment schedule:

Saturday, Sept. 22

10:30 am Park District Performing Arts
11:00 am - noon Real Steel - Brad Stirtz & Group
1:00 - 2:00 pm Cover Story (R&B)
2:30 - 3:30 pm Julie Ponce Quartet (Jazz)
4:00 - 5:00 pm Eric Schneider Hot 5 ("Hot" Jazz)

Sunday, Sept. 23

10:30 am DancEncounter Company Dancers
1:00 - 2:00 pm All American Ragtime Band (traditional Jazz)
2:20 - 3:30 pm Nick Schneider Jazz Quartet
4:00 - 5:00 pm The Flat Cats (Swing Jazz & Blues)

Artists may contact the park district for information about participating.

Sponsored in part by the City of Warrenville Hotel Motel Tax Fund, Daily Herald, Ball Seed Company, and Spare Wheels.

Fall Athletic Leagues

Note: all leagues are currently accepting new enrollments on a space-available basis.

Youth Fall Soccer League (grades K-8)

Happy Feet Running Club

Run a 5K!

Have you always wanted to become a runner, but didn't know how to start?

Are you afraid you are too old? Too out of shape?

If you've always wanted to break into running, we now have an 8-week program just for you!

The Warrenville Park District's Happy Feet Running club is a gradual yet challenging program that includes running/walking intervals, which will help you with the ultimate goal of running a 5K race.

Running is wonderful exercise: it lowers your blood pressure, relieves stress, and tone and shapes your body. You can burn up to 700 calories an hour when you run.

Happy Feet Running club will meet from 5:45-6:30 Monday mornings Sept. 10-Oct. 29. Come out and join us, and then run your first 5K!



Day Off School Trip: Columbus Day Oct. 8

Kids! How about a trip to Under the Big Top in St. Charles for your day off on Columbus Day?

You'll get to go in the 3-story Ball Blaster Arena and have your choice of playing Laser Tag or going Go-Karting as well.

\$35 resident; \$40 non-resident

Before and after care also available. Hurry -- space is limited!



Adult Athletics

Archery (ages 8+)



This volunteer-coached program introduces the fundamentals of playing soccer through weekly practices and an 8-game schedule that emphasizes proper technique, knowledge of rules, participation, sportsmanship, and fun.

Volunteer coaches are always welcomed! For more information, contact the park district at 630.393.7279.

Saturdays Sept. 8-Oct. 27
\$75 resident, \$80 non-resident

Warrenville Eagles Travel Soccer League (ages 9-14)

Travel soccer is for players who have the desire and dedication to play at a more competitive level.

Saturdays & Sundays Sept. 8-Nov. 10
\$230 resident, \$235 non-resident



Fall Youth Lacrosse (grades 2-9)

Every one plays! Practices are local and for 4 games, teams may travel for competition. Games are held Saturdays and/or Sundays.

Females grades 2-9
Sundays, Wednesdays, Saturdays
Sept. 5-Nov. 7

\$125 resident, \$130 non-resident

Preschool & Youth Athletics

Preschool

Preschool Gymnastics (ages 3-5)
Wednesdays Sept. 5-Oct. 10 1:00-1:35p

Recess Time Sports (ages 3-6)
Tuesdays Sept. 11-Oct. 16
9:45-10:30a
Fridays Sept. 14-Oct. 19
1:00-1:45p

**Saturdays Sept. 9-
Sept. 29,
Oct. 6-Oct. 27
10:30-11:30A**

Learn the basics of archery. Students use a recurve bow, basic finger tab, arm guard, and safety glasses.



Fencing (ages 8-65)



at Batavia Park District.

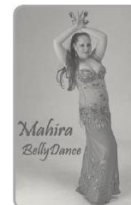
Saturdays Sept. 15-Oct. 27
Beginner: 12:45-1:45p
Advanced: 11:45-12:45p

This class offers basic understanding of attack and defense in fencing. All equipment is provided. Held

Belly Dancing for Fitness (ages 16+)

**Fridays Sept. 7-Oct. 12
6:30-7:30p**

Learn to isolate, tone, and improve flexibility of various body parts while having fun dancing! No prior dance training is necessary.



Art Enrichment & Classes for Your Mind, Body & Spirit

Chinese Health Spheres (ages 13+)

Sept. 5 6:45-7:45p



These spheres can improve strength, dexterity, and circulation in the hands and arms.

Leaf Impressions (ages 16+)

Sept. 11 6:30-7:30p

Learn how to turn fall leaves and cement into a bird bath. All supplies are included.



Drawing Techniques (ages 15+)

**Thursdays Sept. 13-
Oct. 4 6:30-8:30p**



Learn how to draw what you see with pencils.

Chicago Art Institute Program (ages 21+)

Just for Kicks Soccer (ages 3-4, 4-6)

Ages 3-4
Thursdays Sept. 13-
Oct. 18 9:30-10:15a

Ages 4-6
Tuesdays Sept. 11-
Oct. 16 10:45-11:30a



Parent & Tot Creative Movements (ages 1-3)

Thursdays Sept. 13-Oct. 18 10:45-11:30a

Basketball Basics (ages 3-4, 4-6)

Ages 3-4
Thursdays Sept. 13-Oct. 18 2:00-2:45p

Ages 4-6

Fridays Sept. 14-Oct. 19 9:45-10:30a



Baseball Blast/Kickball (ages 4-6)

Thursdays Sept. 13-Oct. 18 1:00-1:45p

Kickball (ages 3-6)
Fridays Sept. 14-Oct. 19

10:45-11:30a

Baseball Blast (ages 3-4)

Fridays Sept. 14-Oct. 19 12:00-12:45p

PeeWee Soccer (ages 3-4)

Saturdays Sept. 15-Oct. 20 9:00-9:50a

PeeWee Flag Football (ages 4-6)

Saturdays Sept. 15-Oct. 20 10:00-10:50a



Preschool & Youth

Zumbatomic (ages 4-7)

Wednesdays Sept. 5-
Oct. 3 4:15-5:00p

(ages 8-12)

Wednesdays Sept. 5-
Oct. 3 5:00-5:45p

(ages 4-12)

Saturdays Sept. 8-Oct. 6 9:00-9:55a



SwimAmerica Swim Lessons (ages 4-18)

Saturdays Sept. 8-Oct. 27 or
Sundays Sept. 9-Oct. 28

Oct. 12 10:00-11:30a FREE (but registration required)

Explore the genre of still life, including a subcategory called trompe l'oeil (trick of the eye). Works by Chardin, Vander Spelt, Manet, Cezanne, Matisse, Picasso, and Harnett highlight the program.

Join Us for Open Gyms

Pay at the Door -- No Registration Needed

Family Open Gym (ages 12+)
Sundays 10:00A-12:00P

Lunch Time Open Gym (ages 18+)
Mondays & Wednesdays 11:30a-1:30p

Adult Volleyball Open Gym (ages 18+)
Mondays 7:00-9:00P



Adult Basketball Open Gym (ages 18+)
Tuesdays 7:00-9:00P
Wednesdays 7:00-9:00P
Sundays 8:00-10:00A

No School Open Gym (grades 3-12)
September 28 & October 8 12:00-1:30p

Self Defense for Women

Ages 18+

Learn the four levels of self defense, learn and practice practical techniques that you can use to defend yourself and avoid becoming another statistic.



Fridays Oct. 5-Oct. 26 6:00-8:00p

Martial Arts

Kid's Tang Soo Do (ages 5-7)

This class focuses on the basics: kicking, punching, blocking and stances.

Tuesdays Sept. 4-Oct. 3 6:00-7:00p



Tang Soo Do Karate (ages 8+)

Improve your concentration, focus, and self esteem by studying this martial art.

SwimAmerica Diving Lessons (ages 4-10)

Saturdays Sept. 8-Oct. 27 or Sundays Sept. 9-Oct. 28

Youth

Tumblebear Gymnastics (ages 6-12)

Wednesdays Sept. 5-Oct. 10 4:30-5:15p



Archery (ages 8+)

Saturdays Sept. 8-Sept. 29 10:30-11:30a

Beginner: 12:45-1:45p
Advanced: 11:45a-12:45p



Basketball Basics (ages 5-8)

Thursdays Sept. 13-Oct. 18 5:30-6:30p

1,000 Shot Club (grades 3-6)

Thursdays Sept. 13-Oct. 18 6:30-7:30p

Fencing (ages 8-65)

Saturdays Sept. 15-Oct. 27

Beginner: 12:45-1:45p
Advanced: 11:45a-12:45p

Touch Football Fanatics (ages 9-12)

Sundays Sept. 16-Oct. 21 2:30-3:30p

3-on-3 Basketball Hoops Challenge (grades 3-6)

Sundays Sept. 16-Oct. 21 1:00-2:00p

Chicago Bulls Fundamentals Camp (ages 5-12)

ages 5-8
Wednesdays Sept. 19-Oct. 10 5:00-6:00p
ages 9-12
Wednesdays Sept. 19-Oct. 10 6:00-7:30p



Wrestling 101 (grades 1-8)

Thursdays Sept. 20-Oct. 25 5:45-6:45p

Preschool & Youth Classes

Toddler Explorers (ages 1-3)

Toddlers explore gross motor activities, free play with station toys, manipulatives, and a

Wednesdays (6:00-7:00p) and Saturdays (7:30-8:30a) Sept. 5-Oct. 6

Tai Chi for Health (ages 12+)

Tai Chi helps develop internal strength and can improve health.

Saturdays Sept. 8-Oct. 6 10:00-11:00a



Adult Kickboxing (ages 19+)



Learn to use four basic skills: punch, kick, knee, and elbow for practical self-defense.

Mondays Sept. 10-Oct. 22 8:15-9:15p

Tuesday Lunch Bunch (ages 55+)

Sept. 4: Grill Out
Sept. 11: Lasagna
Sept. 18: Bar B Que
Sept. 25: Fried chicken
Oct. 2: Italian beef
Oct. 9: Beef Stroganoff
Oct. 16: Chinese buffet



\$8; please register 7 days in advance

Calling Adults of All Ages! Trips & Dance

Trips

Xanadu (ages 55+)

Drury Lane, Oak Brook IL
\$64
Sept. 27; call for availability



Marriage is Murder (ages 21+)

White Pines Theatre in Oregon, IL
\$46
Oct. 4; register by Sept. 4

Potawatomi Bingo Casino (ages 21+)

Milwaukee, WI
\$35
Oct. 11; register by Sept. 1

Dueling Pianos (ages 21+)

\$50
Nov. 11; register by Oct. 8



craft area. Mondays Sept. 10-Oct. 22 9:30-10:30a

Movin and Singing (ages 3-6)

We'll walk, run, wiggle, spin, and shake; parents/caregivers are an essential part of this class. Wednesdays Sept. 12-Oct. 17 9:30-10:15a



Safe Kids (ages 3-6)

Topics include stranger danger, what to do in an emergency, fire alarm safety, and calling 911. Saturday Sept. 15 9:00-10:00a



Kids' Morning Out (ages 3-5)

Kids create with paint and glue, read stories, enjoy walks outside, and play on the playground. Thursdays Sept. 20-Oct. 25 9:30-10:45a

Little Chefs (ages 2-4)

This hands-on class introduces your little chef to easy recipes, simple measurements, and kitchen safety. Saturdays Sept. 22-Oct. 13 9:45-10:30a



Le' Fun Cookery (ages 6-10)

Young chefs learn to follow simple recipes, measure ingredients, and learn kitchen safety. Saturdays Sept. 22-Oct. 13 11:00a-noon

Youth Dance ages 2-12

Mondays Sept. 10-Nov. 26

Tiny Toes (age 2) 4:15-4:45p
Beginning Pre-Ballet & Tap (ages 3-4) 4:45-5:30p
Intermediate Ballet & Tap (ages 4-6) 5:30-6:30p
Ballet & Tap (ages 6-7) 6:30-7:30p



Tuesdays Sept. 11-Nov. 27

Beginning Musical Theatre (ages 5-7) 5:00-6:00p
Jazz/Hip Hop (ages 5-7) 6:00-7:00p

Adult Dance



Belly Dancing for Fitness (ages 16+)
Fridays Sept. 7-Oct. 12 6:30-7:30p

West Coast Swing (ages 15+)

Tuesdays Sept. 11-Oct. 2 7:15-8:30p

Line Dance (ages 21+)

Tuesdays Sept. 11-Oct. 16 8:45-10:00a

Adult Dance (adults)

Wednesdays Sept. 12-Nov. 28 7:30-8:15p



Adult Tappercize (50+)

Thursdays Sept. 13-Oct. 18 10:00-10:45a

Beginner Line Dance (ages 15+)

Saturdays Sept. 15-Dec. 8 5:15-

6:30p

Intermediate Line Dance (ages 15+)

Saturdays Sept. 15-Dec. 8 6:45-8:00p



Open Line Dance (all ages)

Saturdays Sept. 8, Sept. 22, and Oct. 20.
6:30-10:00p
Warrenville Community Building
\$5 pay at the door



Dog Training

Puppy Star (owners ages 16+; puppies ages 0-1)

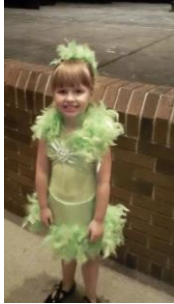
This class features the American Kennel Club Puppy S.T.A.R. (Socialization, Training, Activity, Responsible owner) Program. Get your puppy off on the right paw through basic training and practical skills. Saturdays Sept. 15-Oct. 27 noon-1:00p



Canine Good Citizens (owners ages 16+; dogs ages 1+)

Wednesdays Sept. 12-Nov. 28

Funky Feet (ages 6-8) 5:15-6:00p
Tap I (ages 6-8) 6:00-6:45p
Teen Hip Hop (teens) 6:45-7:30p



Thursdays Sept. 13-Nov. 29

Tiny Toes (age 2) 9:15-9:45a
Beginning Pre-Ballet & Tap
(ages 3-5) 10:45-11:30a
Intermediate Ballet & Tap
(ages 4-6) 11:45a-12:45p

Saturdays Sept. 15-Dec. 1

Pre-Ballet & Tap (ages 3-5)
9:00-9:45a
Funky Feet (ages 5-7) 9:45-
10:30a
Intermediate Ballet & Tap
(ages 4-5) 10:30-11:30a



Designed to recognize dogs that have good manner, this program provides dogs the opportunity to pass the 10-step Canine Good Citizens test.
Saturdays Sept. 15-Oct. 27 1:15-2:15p

Thank you to our Sponsors



Thanks for reading! Be sure to like "[The Warrenville Park District](#)" (please don't forget the word "the!") on Facebook for special offers and news.

Sincerely,

Warrenville Park District Staff

