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Subject: February E-News from Warrenville Park District

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Warrenville Park District E-News

February 2013

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February 2013 Calendar



For a look at classes starting and events occurring this month,



The Remodeled Lower Level of the Warrenville Community Building: Opening for Business

Next week the lower level of the Warrenville Community Building will be open for business!

The building, located next to the Rec Center, now will be the home of additional programming for you, including Spinning and TRX classes, a beautiful new dance studio, and space for programs for active older adults (Feb. 12 we're hosting our Valentine's Celebration in the new space!). You'll even be able to rent the space for your own functions, like parties or business meetings.

Here's a first look at the new space...we hope you're as excited as we are!

[click here](#) for the WPD February 2013 Calendar.

Quick Links

[Register Now](#)

[More About Us](#)



Just Dance!

Want to learn country couples dance? We've got several classes starting soon (one tonight, even!):

- Pattern Dances 7:30-8:45 pm
Thursdays Feb. 7-Feb. 28
- Romantic Night Club 7:15-8:30 pm
Tuesdays Feb. 12-March 5
- Beginning Rumba 7:00-8:15 pm Fridays Feb. 22-March 15

We also have Line Dance class, which meets from 9:00-10:15 a.m. Thursdays from Feb. 28 until April 4.

And don't forget our annual Daddy-Daughter Dinner Dance, which is from 6:00-8:30 pm Friday, Feb. 22.

Grab your dancing shoes or boots and let's get started! Register [online](#) or call 630.393.7279.!

Sign Up Now for Athletic Programs Beginning in February

No matter what your age, we've got athletic programs for you.

- NEW! Basketball Tournament Team Training for kids in grades 7 & 8. Prepare for and play in a tournament.
- Friday Night Futbol: now through March 29 for kids in grades 3-11. This FREE program offers indoor soccer games, healthy snacks, and special guest speakers.
- Open Gyms: Family (ages 12+), Youth and Teen (grades 3-12), No School (grades 3-12, Feb. 15, Feb. 18, and March 1), Spring Break (grades 3-12), Adult Volleyball (ages 18+), Lunch Time (ages 18+), Adult Basketball (ages 18+), and Pickleball (ages 50+).
- Men's Basketball League (ages 18+) begins March 7. Games are played on Thursdays until April 11.
- A wide variety of preschool and youth programs also begin in February; check our [Web site](#) for details.



Fitness in February: New Programs to Try

We're excited to bring you two new classes in the remodeled lower level of the Warrenville Community Building, Spinning and TRX.





Both classes are suitable for all fitness levels. With Spinning, you get a great fitness workout riding a stationary bike. TRX suspension training is a total-body workout that leverages gravity and your body weight to perform hundreds of exercises.

In addition, we're offering new services, including Lifestyle Weight Management and Chair Massage.

For more information, please visit our [Web site](#) or call 630.393.7279. Happy New Year!!



Make a Gazing Ball for your Garden

Create a gazing ball with mirrored pieces of colored glass and flat shells that will be the envy of all who see your garden.

Gazing Ball runs from 9:30-10:30 a.m. Saturday Feb. 16 and Feb. 23 and is for ages 15+.

All supplies are included except safety glasses and heavy rubber gloves.

Click [here](#) to register.

Let us hear from you!

Thank you for taking the time to read this issue of E-News. We hope to see you at the Warrenville Park District soon, and please let us know if you have any suggestions, comments, complaints, or compliments!

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