



**Group Exercise Classes 4/25-6/19**  
**Each class will be held in an 8-week session format.**  
**Participants must register for each individual class.**  
**Elite & FitCombo Members - \$0**  
**Member - \$40 per class Non-Member - \$50 per class**  
**\*NO CLASSES ON MONDAY, MAY 30**

CLASS:	ACTIVITY #:	INSTRUCTOR:	DAY:	DATES:	LOCATION:	CLASS TIME:
Monday Morning Boot Camp	351124-2A	Tracey Z.	Mon	4/25-6/13	Room 301	5:45-6:35A
Monday Morning Virtual Boot Camp	351124-2AVR	Tracey Z.	Mon	4/25-6/13	Virtual	5:45-6:35A
Anything Goes	351112-2A	Vicki	Mon	4/25-6/13	Room 301	9:00-9:50A
Virtual Anything Goes	351112-2AVR	Vicki	Mon	4/25-6/13	Virtual	9:00-9:50A
Hatha Yoga	351113-2A	Terry	Mon	4/25-6/13	Room 301	10:00-10:50A
Virtual Hatha Yoga	351113-2AVR	Terry	Mon	4/25-6/13	Virtual	10:00-10:50A
Monday Night Boot Camp	351144-2A	Janet	Mon	4/25-6/13	Room 301	5:00-5:50P
Monday Night Virtual Boot Camp	351144-2AVR	Janet	Mon	4/25-6/13	Virtual	5:00-5:50P
Monday Night TRX	351118-2A	Nick	Mon	4/25-6/13	WCB Act.	6:00-6:50P
Monday Night Yoga	351070-2A	Karen	Mon	4/25-6/13	Room 301	7:00-7:50P
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Fabucore	351023-2A	Lesley	Tue	4/26-6/14	Room 301	9:00-9:50A
Virtual Fabucore	351023-2AVR	Lesley	Tue	4/26-6/14	Virtual	9:00-9:50A
Gentle Cardio Dance	351117-2A	Laurel	Tue	4/26-6/14	Room 301	10:00-10:50A
HIIT	351114-2A	Nora	Tue	4/26-6/14	Room 301	5:15-6:05P
Virtual HIIT	351114-2AVR	Nora	Tue	4/26-6/14	Virtual	5:15-6:05P
Weighted Interval Training	351006-2A	Nora	Tue	4/26-6/14	Room 301	6:15-7:05P
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Boot Camp	351126-2A	Tracey Z.	Wed	4/27-6/15	Room 301	5:45-6:35A
Virtual Boot Camp	351126-2AVR	Tracey Z.	Wed	4/27-6/15	Virtual	5:45-6:35A
Total Body Conditioning	351127-2A	Vicki	Wed	4/27-6/15	Room 301	9:00-9:50A
Virtual Total Body Conditioning	351127-2AVR	Vicki	Wed	4/27-6/15	Virtual	9:00-9:50A
Wednesday Morning Yoga	351128-2A	Karen	Wed	4/27-6/15	Room 301	10:00-10:50A
Fabucore	351129-2A	Lesley	Wed	4/27-6/15	Room 301	5:00-5:50P
Virtual Fabucore	351129-2AVR	Lesley	Wed	4/27-6/15	Virtual	5:00-5:50P
Guns & Abs	351021-2A	Janet	Wed	4/27-6/15	Room 301	6:00-6:50P
Virtual Guns & Abs	351021-2AVR	Janet	Wed	4/27-6/15	Virtual	6:00-6:50P
Virtual Hatha Yoga	351145-2AVR	Terry	Wed	4/27-6/15	Virtual	7:00-7:50P
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Strictly Strength	351132-2A	Janet	Thu	4/28-6/16	Room 301	9:00-9:50A
Virtual Strictly Strength	351132-2AVR	Janet	Thu	4/28-6/16	Virtual	9:00-9:50A
Cardio Kickboxing	351139-2A	Nora	Thu	4/28-6/16	Room 301	5:15-6:05P
Virtual Cardio Kickboxing	351139-2AVR	Nora	Thu	4/28-6/16	Virtual	5:15-6:05P
Barre	351133-2A	Nora	Thu	4/28-6/16	Room 301	6:15-7:05P
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Boot Camp	351134-2A	Tracey Z.	Fri	4/29-6/17	Room 301	5:45-6:35A
Virtual Boot Camp	351134-2AVR	Tracey Z.	Fri	4/29-6/17	Virtual	5:45-6:35A
Friday Morning Yoga	351136-2A	Karen	Fri	4/29-6/17	Room 301	10:00-10:50A
Lunchtime Boot Camp	351137-2A	Nora	Fri	4/29-6/17	Room 301	12:15-1:05P
Virtual Lunchtime Boot Camp	351137-2AVR	Nora	Fri	4/29-6/17	Virtual	12:15-1:05P
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Cycling	351146-2A	Nora	Sat	4/30-6/18	Room 201	8:00-8:50A
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Virtual Hatha Yoga	351140-2AVR	Terry	Sun	5/1-6/19	Virtual	9:00-9:50A

\*Classes that do not meet minimum participation will be cancelled for the entire 8-week session.